

## **Sally Spencer-Thomas a Speaker in Ireland for the International Association for Suicide Prevention**

Dr. Sally Spencer-Thomas has started to speak out about suicide prevention - to students, workplaces, church groups - whomever will listen.

She was recently selected from over 70 applicants to be one of five new speakers for **CAMPUSPEAK**, a national speaker agency for colleges and universities, and hopes to travel around the country sharing her message: "suicide affects everyone, and we have a shared responsibility to prevent it."

The intent of the presentation is to let people know that getting help is courageous, and whether you or someone you care about is in a mental health crisis, you are not alone, many helpful resources exist.

Sally was selected to present at the [International Association of Suicide Prevention's conference in Ireland](#) this August, where she will be speaking on men and suicide in the workplace.

In addition to keynoting events, she will be conducting QPR ([Question, Persuade, Refer](#)) suicide prevention gatekeeper training.